



PARTICIPANT PROFICIENCY EXAMINATION STANDARDIZED FIELD SOBRIETY TEST BATTERY



Name _____ Agency _____
Class Name/# (if applicable) _____ Academy ID _____ - _____

I. HORIZONTAL GAZE NYSTAGMUS

1. _____ Have subject remove glasses if worn.
2. _____ Stimulus held in proper position (approximately 12"-15" from nose, just slightly above eye level).
3. _____ Check for equal pupil size and resting nystagmus.
4. _____ Check for equal tracking.
5. _____ Smooth movement from center of nose to maximum deviation in approximately 2 seconds and then back across subject's face to maximum deviation in right eye, then back to center. Check left eye, then right eye. Repeat.
6. _____ Eye held at maximum deviation for a minimum of 4 seconds (no white showing). Check left eye, then right eye. Repeat
7. _____ Eye moved slowly (approximately 4 seconds) from center to 45 angle. Check left eye, then right eye (Repeat).
8. _____ Check for Vertical Gaze Nystagmus. Repeat.
9. _____ Properly recite all Validated Clues. (Lack of Smooth Pursuit, Distinct and Sustained Nystagmus at Maximum Deviation, Onset of Nystagmus Prior to 45 Degrees)

II. WALK AND TURN

1. _____ Instructions and demonstrations given from a safe position.
2. _____ Tells subject to place feet on a line in heel-to-toe manner (right foot in front of left foot) with arms at sides and gives demonstration.
3. _____ Tells subject not to begin test until instructed to do so and asks if subject understands.
4. _____ Tells subject to take nine heel-to-toe steps on the line and demonstrates.
5. _____ Explains and demonstrates turning procedure.
6. _____ Tells subject to return on the line taking nine heel-to-toe steps.
7. _____ Tells subject to count steps out loud.
8. _____ Tells subject to look at feet while walking.
9. _____ Tells subject not to raise arms from sides.
10. _____ Tells subject not to stop once they begin.
11. _____ Asks subject if all instructions are understood.
12. _____ Properly recites all validated clues (BS-SOWHAT -- Loses **B**alance @ Instruction, **S**tarts too Soon, **S**tops while Walking, Steps **O**ff Line, **W**rong Number of Steps, Misses **H**eel to Toe, Uses **A**rms for Balance, **T**urns Improperly)

Instructor: (PRINT) _____ Date: _____
Instructor Signature: _____



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III. ONE LEG STAND

1. _____ Instructions given from a safe position.
2. _____ Tells subject to stand straight, place feet together, and hold arms at sides.
3. _____ Tells subject not to begin test until instructed to do so and asked if subject understands.
4. _____ Tells subject to raise one leg, either leg, approximately 6" from the ground, keeping raised foot parallel to the ground, and gives demonstration.
5. _____ Tells subject to keep both legs straight and to look at elevated foot.
6. _____ Tells subject to count out loud in the following manner: one thousand one, one thousand two, one thousand three, and so on until told to stop, and gives demonstration.
7. _____ Checks actual time subject holds leg up (time for 30 seconds).
8. _____ Properly recites all validated clues (PUSH -- Puts Foot Down, Uses Arms for Balance, Sways, Hops)

Note: In order to pass the proficiency examination, the student must explain and proficiently complete each of the steps listed.