



# PARTICIPANT PROFICIENCY EXAMINATION STANDARDIZED FIELD SOBRIETY TEST BATTERY



Name \_\_\_\_\_ Agency \_\_\_\_\_  
Class Name/# (if applicable) \_\_\_\_\_ Academy ID \_\_\_\_\_ - \_\_\_\_\_

## I. HORIZONTAL GAZE NYSTAGMUS

1. \_\_\_\_\_ Have subject remove glasses if worn.
2. \_\_\_\_\_ Stimulus held in proper position (approximately 12"-15" from nose, just slightly above eye level).
3. \_\_\_\_\_ Check for equal pupil size and resting nystagmus.
4. \_\_\_\_\_ Check for equal tracking.
5. \_\_\_\_\_ Smooth movement from center of nose to maximum deviation in approximately 2 seconds and then back across subject's face to maximum deviation in right eye, then back to center. Check left eye, then right eye. Repeat.
6. \_\_\_\_\_ Eye held at maximum deviation for a minimum of 4 seconds (no white showing). Check left eye, then right eye. Repeat
7. \_\_\_\_\_ Eye moved slowly (approximately 4 seconds) from center to 45 angle. Check left eye, then right eye (Repeat).
8. \_\_\_\_\_ Check for Vertical Gaze Nystagmus. Repeat.
9. \_\_\_\_\_ Properly recite all Validated Clues. (Lack of Smooth Pursuit, Distinct and Sustained Nystagmus at Maximum Deviation, Onset of Nystagmus Prior to 45 Degrees)

## II. WALK AND TURN

1. \_\_\_\_\_ Instructions and demonstrations given from a safe position.
2. \_\_\_\_\_ Tells subject to place feet on a line in heel-to-toe manner (right foot in front of left foot) with arms at sides and gives demonstration.
3. \_\_\_\_\_ Tells subject not to begin test until instructed to do so and asks if subject understands.
4. \_\_\_\_\_ Tells subject to take nine heel-to-toe steps on the line and demonstrates.
5. \_\_\_\_\_ Explains and demonstrates turning procedure.
6. \_\_\_\_\_ Tells subject to return on the line taking nine heel-to-toe steps.
7. \_\_\_\_\_ Tells subject to count steps out loud.
8. \_\_\_\_\_ Tells subject to look at feet while walking.
9. \_\_\_\_\_ Tells subject not to raise arms from sides.
10. \_\_\_\_\_ Tells subject not to stop once they begin.
11. \_\_\_\_\_ Asks subject if all instructions are understood.
12. \_\_\_\_\_ Properly recites all validated clues (BS-SOWHAT -- Loses **B**alance @ Instruction, **S**tarts too Soon, **S**tops while Walking, Steps **O**ff Line, **W**rong Number of Steps, Misses **H**eel to Toe, Uses **A**rms for Balance, **T**urns Improperly)

Instructor: (PRINT) \_\_\_\_\_ Date: \_\_\_\_\_  
Instructor Signature: \_\_\_\_\_



## PARTICIPANT PROFICIENCY EXAMINATION STANDARDIZED FIELD SOBRIETY TEST BATTERY



### III. ONE LEG STAND

1. \_\_\_\_\_ Instructions given from a safe position.
2. \_\_\_\_\_ Tells subject to stand straight, place feet together, and hold arms at sides.
3. \_\_\_\_\_ Tells subject not to begin test until instructed to do so and asked if subject understands.
4. \_\_\_\_\_ Tells subject to raise one leg, either leg, approximately 6" from the ground, keeping raised foot parallel to the ground, and gives demonstration.
5. \_\_\_\_\_ Tells subject to keep both legs straight and to look at elevated foot.
6. \_\_\_\_\_ Tells subject to count out loud in the following manner: one thousand one, one thousand two, one thousand three, and so on until told to stop, and gives demonstration.
7. \_\_\_\_\_ Checks actual time subject holds leg up (time for 30 seconds).
8. \_\_\_\_\_ Properly recites all validated clues (PUSH -- Puts Foot Down, Uses Arms for Balance, Sways, Hops)

**Note: In order to pass the proficiency examination, the student must explain and proficiently complete each of the steps listed.**